



# Kenya

## Walking with Warriors

14 Days

This incredible journey takes us through the spectacular scenery of the Great Rift Valley as we take part in game safaris and trek 70km through the plains guided by local Masai Warriors. It's a unique opportunity to see just how symbiotic their community is with the local ecosystems. We will then spend five days at the superb La'e'enok Research Centre to take part in a range of activities and discussions around local conservation, Masai way of life and the lives of women in this colourful culture.



[Learn more about our Carbon Labels](#)



# Your Recommended Expedition Itinerary

Day 1	<b>Depart from the UK, Arrive Nairobi</b> After our flight from the UK, we will be welcomed at Nairobi airport by our Trip Leader and transfer to our hotel to relax for the evening after our journey.	D
Days 2 - 3	<b>Transfer to Sagan Camp</b> This morning we will transfer a couple of hours to the Sagana River Camp. Here there will be a host of activities to kick start our Kenyan adventure. White water rafting, rock climbing, mountain biking and kayaking are all bound to get our adrenaline going! The camp is in beautiful surroundings right next to the river and is a wonderful introduction to rural Kenya.	BLD
Day 4	<b>Transfer to Maasai Mara</b> We have a long drive today, through the stunning scenery of the Rift Valley to the Maasai Mara. On arrival, if time allows, we have the chance to visit various projects and Maasai villages. The afternoon/evening is spent getting ready for our trek tomorrow.	BLD
Day 5	<b>Maasai Mara Game Drive</b> A trip to Kenya would not be complete without viewing some of the ample wildlife on offer. This morning we head out early in safari vehicles to start ticking off the big 5. We will try our luck at spotting lions, giraffes, elephants and vast herds of wildebeest. Using the expert knowledge of our guide to track animals, we will also gain fascinating insights about animal behavior. We stop for lunch, before heading out in the vehicles again. This will be an unforgettable day!	BLD
Days 6 - 8	<b>Loita Hill Trek</b> Over the next three days, we will cover around 55km supported by donkeys and guided by Masai Warriors as we cross the Masai Mara/Loita plains. The walk will take us through the breath-taking scenery of the area and at night we will camp in the wild beside streams to wash in after each day's endeavours! Travelling with Masai Warriors will be a fantastic opportunity to learn about their traditions and culture and share in just a fraction of their knowledge about life on the plains, not to mention their ability to spot wildlife!	BLD
Days 8 - 12	<b>Lale'enok Research Centre</b> This morning we finish our trek with a 10km walk, before boarding the buses to Lale'enok Research Centre. For the next four days, the Lale'enok Research Centre will be our home. Here we will split into groups and rotate between a programme of activities which will allow us to work alongside the Masai people involved with the centre as well as learning about the scientific research which takes place. Each group will follow these activities:  Game Drive: The whole group will join together for an afternoon game drive in the area. In the evening we will convene around the campfire for a group led discussion, reflections on the day and to learn how the whole research project runs and works.	





**Masai Homes and Women's Group:** We will join the local Masai at their homes to learn about their culture and way of life. We will try to join them as the cows come home in the evening, allowing us to walk the cattle back to the 'Boma' with the herders. This is an excellent example of a working community-based Masai-wildlife conservancy. In the evening our teams will come together to meet with the local women's group to join them singing and dancing around the campfire. This will also be a chance to discuss gender equality in Kenya and learn what it is like to live and grow up as a woman in Masai culture.

**Habituated Baboon Troop:** Another early start today to spend time with a habituated baboon troop, learning about these social animals and how they forage for food. We will be accompanied by a researcher who will share their knowledge with us as we follow the troop on their morning forage for breakfast.

**Talks and Evening Game Drive:** This afternoon we will attend talks with several fascinating people including local medicine men, traditional birthing attendants, chiefs, camp staff and resource assessors; an excellent opportunity to understand how entwined the local ecosystem and human populace truly is. Tonight, we will have a whole group discussion with the Kenya Wildlife Service and their work, before an evening game drive with the hopes of seeing some of the nocturnal wildlife in the area.

**Masai Land Uses:** Our first activity for today will be to investigate the different land uses commonly practiced in the area: pastoralism, agriculture and wildlife conservation, as well as seeing how the local Masai community use all three to support their livelihoods.

**River Raft Game Trip:** Floating down the river in a raft or on stand-up paddle boards, we will not only have a chance to relax in the beauty of the area but also to see it from a different perspective and hopefully spot some wildlife we haven't yet seen on our game drives. We will then have the evening free to enjoy the nature of our camp.

**Women's Bead Workshop:** This morning we will take part in a bead workshop with the local Masai women. These handicrafts provide women here with a source of income and allow their independence. We will also have a small group Q&A with the local women, enabled through a local interpreter.

**Free Afternoon and Campfire Discussion:** After a busy few days, the final afternoon at the Lale'enok Research Centre will be free at our leisure. We will then come together as a group for a final night around the campfire to discuss and reflect on our time here, what we have learnt and how our perspective has changed over the past days.

### Day 13

#### Return to Nairobi

BLD

This morning we wave goodbye to our newfound friends at Lale'enok to return to Nairobi via the Early Man site, where many great archaeological discoveries have been made. Upon reaching Nairobi we will enjoy a final African supper before boarding our evening flight.

### Day 14

#### Arrive UK

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We arrive back in the UK after our incredible African adventure.





## Look what's included:

- International flights
- All accommodation, transportation and activities
- All food as described above
- Local, bi-lingual, first-aid qualified STC leader
- Parent and student trip launch presentation
- Pre-travel training programme
- ATOL financial protection
- Emergency Medical & Repatriation Insurance
- Group first aid kit and prescription meds pack
- BS8848 safety management and risk assessments
- Detailed pre-departure information and kit lists
- Comprehensive teacher travel packs
- Permanent operations team in your destination
- 24-hour UK operational support whilst overseas
- Free Fairtrade t-shirt for every participant and teacher
- Free travel guide book to your destination

## What's not included:

- Transport to airport in UK
- Drinks (advice will be given on purification of water)
- Visas or tourist cards if required
- Any required inoculations or Covid tests
- Personal spending money
- Tips for guides, drivers and porters (ask for guidance)
- Airport departure taxes paid locally
- Personal effects and cancellation insurance



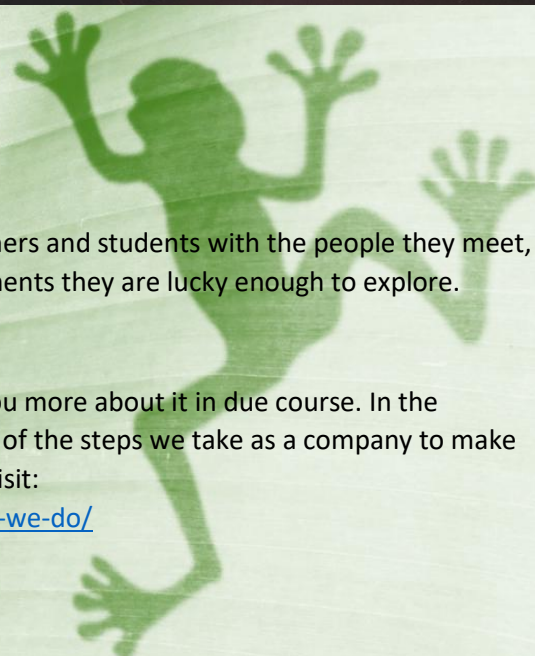
## A word about Responsible Tourism

On our expeditions and educational journeys, we strive to connect teachers and students with the people they meet, nurture the cultures they experience and protect the beautiful environments they are lucky enough to explore.

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This is our passion, and we'd love to tell you more about it in due course. In the meantime, for more information on some of the steps we take as a company to make our operations more sustainable, please visit:

<https://www.thestc.co.uk/travel/what-do-we-do/>





## Physical Rating for this trip: Grade 3



Moderate physical activities are included in Grade 3 trips. Good health and reasonable fitness are important to get the most out of the trip. Trips of this grading are likely to include some walking at moderate altitude (up to 2,500m) and occasional longer/harder days may be involved, with between five and seven hours of walking on certain days. The trip may contain other activities such as cycling or rafting which also require physical effort and a reasonable level of fitness. Some steady preparation and an increase if your underlying fitness levels would help you get the most from this grade trip.

## Cultural Rating for this trip: Grade 4



Students joining trips at this level will find the comforts of home are more of a rarity – or viewed another way, a welcome luxury. English is unlikely to be widely spoken and the food will be quite different to home, perhaps for extended sections of the trip. You should observe local customs so not to cause offence. You'll be exposed to signs of poverty and accommodation in some locations is likely to be basic. Whilst a challenge, destinations and trips at cultural level 4 are also a fantastic opportunity to see a very different part of the world.



## Travel Safety & Other Expedition Training

Preparing students and teachers for their upcoming adventure is an opportunity to teach important life skills and a vital part of our overall approach to safety management. Please ask for your quote for the training schedule specific to your expedition. Topics covered will include:

### Responsible Tourism workshop

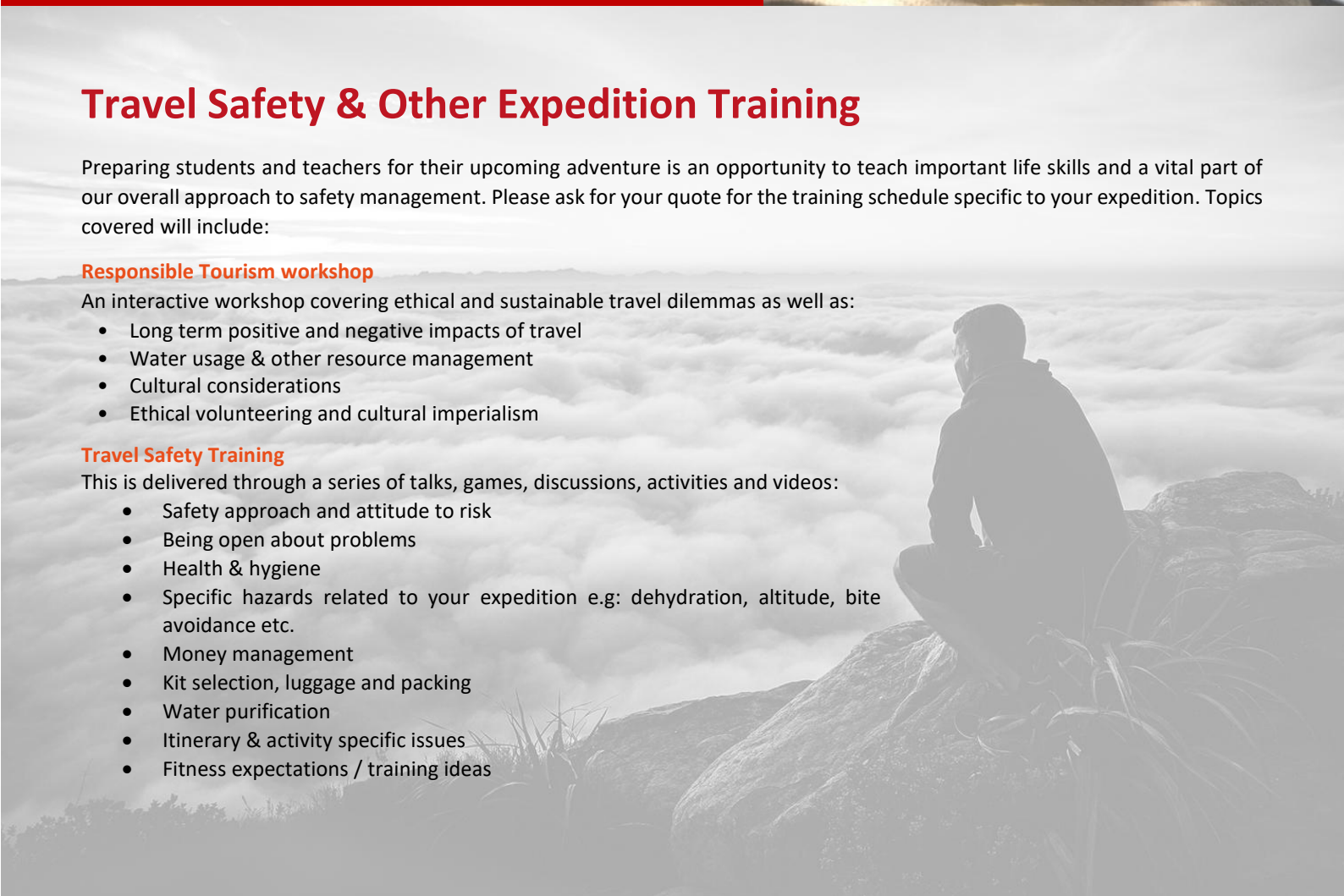
An interactive workshop covering ethical and sustainable travel dilemmas as well as:

- Long term positive and negative impacts of travel
- Water usage & other resource management
- Cultural considerations
- Ethical volunteering and cultural imperialism

### Travel Safety Training

This is delivered through a series of talks, games, discussions, activities and videos:

- Safety approach and attitude to risk
- Being open about problems
- Health & hygiene
- Specific hazards related to your expedition e.g: dehydration, altitude, bite avoidance etc.
- Money management
- Kit selection, luggage and packing
- Water purification
- Itinerary & activity specific issues
- Fitness expectations / training ideas







# A journey of 1,000 miles...

**Starts with a single step...** Contact us now to start your expedition journey

## 1 Ask for your personalised quote & further information

If this itinerary doesn't quite scratch your expedition itch then let us tailor-make one for you. Our wealth of experience and expert in-country contacts means we can design an adventure that's just right for you and your students. Contact us for more information and a detailed quote.

## 2 Ask for risk assessments and marketing materials

We can provide initial risk and threat assessments to help you with your expedition approval process. Ask for posters and your Pre-Booking Information Pack too.

## 3 Arrange an expedition launch evening

This is a chance for students and parents to hear more about the expedition with a comprehensive information evening covering the itinerary, safety management, the build-up to the trip and lots more. There is also plenty of opportunity for questions.

The home of the modern, innovative school expedition, where a sustainable, ethical approach guarantees unique experiences and a life enhancing adventure.



*"I am being completely serious when I say that I won't ever run a school trip without you guys. I trust you and your team completely - and the in-country staff that you carefully cultivate and train are a cut above the rest."*

**Teacher feedback, King's High Warwick**



## Contact Us:

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