



Kenya

Rift Valley Adventurer

10 Days

Showcasing the very best of this magical country, our 10 day Kenyan Adventurer is packed with activities and natural wonders, from the grassy plains of the rift valley to snow capped peaks. We seek to blend a learning experience with a healthy dose of adventure. If it's nature you're looking for you'll be hard pressed to beat Kenya as a destination with its annual great migration of millions of wildebeest or the pink blush of Lake Nakuru densely populated with flamingos. You will also veer off the beaten track to visit one of the top producing flower exporters in Lake Naivasha as well as the acclaimed Elsamere Conservation Centre. There is also the thrill of White Water rafting in the Tana River and a day trek to a dormant volcano to wrap up a truly memorable adventure.



[Learn more about our Carbon Labels](#)

Your Recommended Educational Journey

Days 1 - 2

Arrive Nairobi, Great Rift Valley

LD

Jambo! Welcome to Kenya. We are met by our tour leader on arrival and transferred directly to the Great Rift Valley. Our destination today is the dramatic Njorowa Gorge (2 to 3 hours drive). On route we'll stop at a viewpoint over the great rift valley to witness directly the forces of nature as we see evidence of how shifting plate tectonics have shaped the landscape. Heading further north we enter Hells Gate National Park and enjoy the exhilaration of our first game drive on the trip before we set up camp.

Tonight's camp is in a superb location, fifty metres up on a spur of ground overlooking the whole valley. Wildlife abounds with herds of buffalo, giraffe and Kongoni likely to be grazing below. There is nothing quite like camping under the African skies!

Day 3

Activity Day

BLD

The morning is spent climbing, abseiling, hiking or game driving in the park. We are likely to encounter giraffe, zebra, buck and buffalo amongst others. The local crags offer great single pitch climbing on Fisher's Tower and Fisher's Cliffs. The climbing is best done in the early morning until 11 a.m. and in the latter part of the afternoon when temperatures have dropped and it is cooler. In the afternoon we head down into the Njorowa Gorge to take a look at volcanic deposition and river erosion before returning once again to our campsite.

Day 4

Lake Naivasha

BLD

Another leisurely start to the day! After breaking camp, we drive 30 minutes down the road to our next camp on the shores of stunning Lake Naivasha. In the afternoon we visit a flower farm to see how they grow, cut and pack roses for export to Europe. This area is one of the key flower producing areas in Kenya, supplying many of the leading UK supermarkets and an important source of export revenue for Kenya. After our tour we take a boat ride on Lake Naivasha and return to camp.

Day 5

Conservation centre

BLD

This morning we visit the acclaimed Elsamere Centre, which is dedicated to providing students the opportunity to learn about the value of conservation through demonstrations and guided nature walks. In the afternoon we will take a tour of the geothermal electrical generation plant.

Day 6

Lake Nakuru

BLD

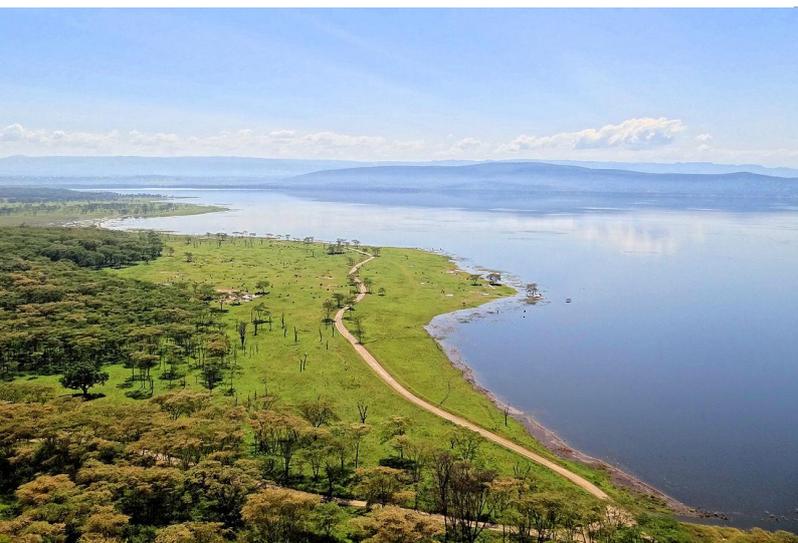
We head off early and drive the short distance (110 km) to Lake Nakuru National Park. The park itself is a relatively small and compact area, based around the often flamingo-filled lake, making it a great location for spotting wildlife. Along with the other members of the Big Five, Lake Nakuru harbours rhinos and there will be a good chance of seeing one of these magnificent beasts. The park also has an extensive elephant population. We will camp outside the National Park.

Day 7

Mt Longonot volcanic trek

BLD

We pack up camp and depart for Mt Longonot, a dormant volcano last thought to have erupted in the 1860's. Today we take the 7.2 km walk up and around the vast dormant caldera which is 12km wide, a truly dramatic site. Once back on board our bus we'll transfer to Sagana which is a 4 hour drive through the tea plantations. Arrive late evening at Savage Wilderness camp on the Tana River.



Day 8**Various activity opportunities**

BLD

There is the option to tailor today's activities according to what the group wants to do. We can visit a tea factory and take a tour around the tea plantations. We could also visit Mount Suswa, a massive double volcanic crater, where we can explore its dramatic lava caves. Mt. Suswa is one of the most spectacular mountains of the Rift Valley, it comprises a 12 km across double crater system, a vast network of obsidian caves and a variety of wild animals and plants. Finally there is the option to be involved in a school project, details of which will be available on request.

Day 9**White water rafting**

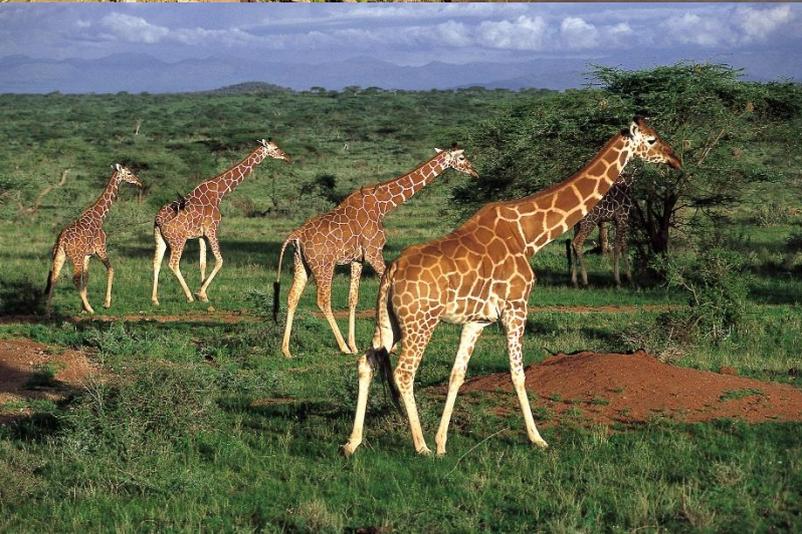
BLD

Today we head to the Tana River, a drop pool river offering an exciting day of white water rafting. Starting with 3 km of easy class II and III white water, followed by a 6 km section with an hour or so of relaxation to view the abundance of bird life around, then cool off with a swim! The final 7 km of river, back to the campsite, starts with some easy class III waters where paddle commands are revised, followed by 3 big rapids (class IV and V) with names like Captains Folly, Can of Worms (because of its four 90 degree bends in succession) and Sphincter Flexor. Subject to water levels you may be able to "surf" in "fish eye" and then swim the next couple of minor rapids. We return to our camp for our last night under African skies for a final celebration meal and to relive the experiences and highlights of the past nine days.

Day 10**Transfer back to Nairobi and fly (possibly overnight) back to UK**

B

We transfer back to Nairobi Jomo Kenyetta International airport for our flight back to the UK, depending on times, we may arrive back into the UK on day 11.



Look what's included:

- International flights
- All accommodation, transportation and activities
- All food as described above
- Local, bi-lingual, first-aid qualified STC tour leader
- Parent and student trip launch presentation
- Pre-travel training programme
- 1-day offsite safety INSET day for school staff
- ATOL financial protection
- Emergency Medical & Repatriation Insurance
- Group first aid kit and prescription meds pack
- BS8848 safety management and risk assessments
- Detailed pre-departure information and kit lists
- Comprehensive teacher travel packs
- Permanent operations team in your destination
- 24-hour UK operational support whilst overseas
- Donations to two carbon & conservation charities
- Free Fairtrade t-shirt for every participant and teacher
- Free travel guide book to your destination

What's not included:

- Transport to airport in UK
- Drinks (advice will be given on purification of water)
- Visas or tourist cards if required
- Any required inoculations or Covid tests
- Personal spending money
- Tips for guides, drivers and porters (ask for guidance)
- Airport departure taxes paid locally
- Personal effects and cancellation insurance



A word about Responsible Tourism

On our expeditions and educational journeys, we strive to connect teachers and students with the people they meet, nurture the cultures they experience and protect the beautiful environments they are lucky enough to explore.

Many companies talk the talk, few truly walk the walk. While we are far from perfect, we are leading the way in sustainability in the school travel sector. In 2018 we were the first UK travel company to become **Travelife Certified** – a verified sustainability certificate formally recognised by the Global Sustainable Tourism Council.



This is our passion, and we'd love to tell you more about it in due course. In the meantime, for more information on some of the steps we take as a company to make our operations more sustainable, please visit:

<https://www.thestc.co.uk/travel/what-do-we-do/>

Trees for Life

Physical Rating for this trip: Grade 3



Moderate physical activities are included in Grade 3 trips. Good health and reasonable fitness are important to get the most out of the trip. Trips of this grading are likely to include some walking at moderate altitude (up to 2,500m) and occasional longer/harder days may be involved, with between five and seven hours of walking on certain days. The trip may contain other activities such as cycling or rafting which also require physical effort and a reasonable level of fitness. Some steady preparation and an increase in your underlying fitness levels would help you get the most from this grade trip.

Cultural Rating for this trip: Grade 3



Students should expect some culture shock. You'll be exposed to signs of poverty. The food will be quite different to home and English, whilst still spoken, will be less prevalent. Respecting the local culture will make it easier to fit in and get the most out of your trip. We're likely to visit remoter locations on this tour where access to western style services may be sporadic. Often on trips of this grading there are parts of the itinerary which are more remote, interspersed with sections which are more 'comfortable'.



Travel Safety & Other Pre-Travel Training

Preparing students and teachers for their upcoming adventure is an opportunity to teach important life skills and a vital part of our overall approach to safety management. Please ask for your quote for the training schedule specific to this educational journey. Topics covered will include:

Responsible Tourism workshop

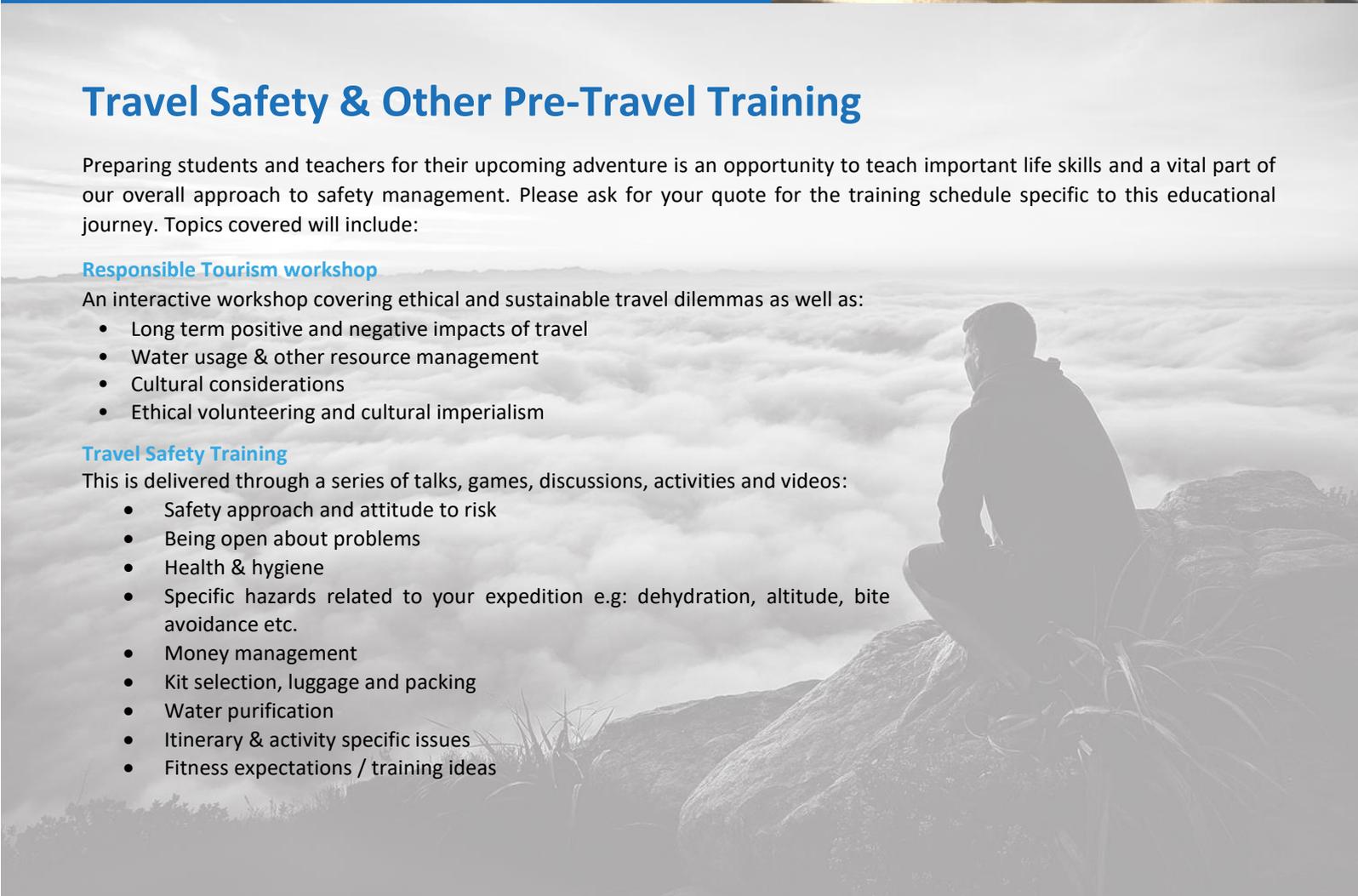
An interactive workshop covering ethical and sustainable travel dilemmas as well as:

- Long term positive and negative impacts of travel
- Water usage & other resource management
- Cultural considerations
- Ethical volunteering and cultural imperialism

Travel Safety Training

This is delivered through a series of talks, games, discussions, activities and videos:

- Safety approach and attitude to risk
- Being open about problems
- Health & hygiene
- Specific hazards related to your expedition e.g: dehydration, altitude, bite avoidance etc.
- Money management
- Kit selection, luggage and packing
- Water purification
- Itinerary & activity specific issues
- Fitness expectations / training ideas





A journey of 1,000 miles...

Starts with a single step... Contact us now to start your educational journey

1 Ask for your personalised quote & further information

If this itinerary doesn't quite scratch your adventure itch then let us tailor-make one for you. Our wealth of experience and expert in-country contacts means we can design an adventure that's just right for you and your students. Contact us for more information and a detailed quote.

2 Ask for risk assessments and marketing materials

We can provide initial risk and threat assessments to help you with your trip approval process. Ask for posters and your Pre-Booking Information Pack too.

3 Arrange a trip launch evening

This is a chance for students and parents to hear more about the planned adventure with comprehensive information covering the itinerary, safety management, the build-up to the trip and lots more. There is also plenty of opportunity for questions.



The home of the modern, innovative school expedition, where a sustainable, ethical approach guarantees unique experiences and a life enhancing adventure.



Our school trips and educational tours are all about maximising the learning opportunities of travel. It's all here, the humble school tour has just come of age.



Adventures, holidays and cultural journeys for teachers looking to 'Escape the Classroom' and discover more about our amazing world, its people and places.



"I am being completely serious when I say that I won't ever run a school trip without you guys. I trust you and your team completely - and the in-country staff that you carefully cultivate and train are a cut above the rest."

Teacher feedback, King's High Warwick

Contact Us:

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