



# Kenya

## Wild Kenya Adventure

18 Days

This incredible journey takes us through the spectacular scenery of the Great Rift Valley as we take part in game safaris and trek 50km through the plains guided by local Maasai Warriors. It is a unique opportunity to see just how symbiotic their community is with the local ecosystems. We spend three days at Lale'enok Research Centre taking part in a range of activities and discussions around local conservation, the Maasai way of life, and the lives of women in this colourful culture.



[Learn more about our Carbon Labels](#)

# Your Recommended Expedition Itinerary

<b>Day 1</b>	<b>Arrive Nairobi</b> After our flight from the UK, we are welcomed at Nairobi airport by our tour leader and transfer to our hotel for a good night's sleep before our adventure begins.	D
<b>Day 2</b>	<b>Lake Naivasha</b> We head to Lake Naivasha for a boat ride where we may spot members of the local hippo community as well as countless species of birds. Following a day of wildlife watching in this stunning setting, we spend the night in our camp.	BLD
<b>Day 3</b>	<b>Mount Longonot</b> We pack up camp and depart for Mt Longonot, a dormant volcano last thought to have erupted in the 1860s. We take the 7.2 km walk up the vast dormant caldera, which is 12 km wide — a truly dramatic sight.	BLD
<b>Day 4</b>	<b>Cycling: Maji Moto to Nabosho Plains</b> We depart Maji Moto nice and early as we beat the heat and dust. We make our way along the bottom of the Loita hills, before turning off the main road and heading down towards Nabosho conservancy. 50km cycling Depending on the day, we usually have between 4 and 6 hours of riding each day.	BLD
<b>Day 5</b>	<b>Cycling: Loita Forest</b> We continue riding on the plains towards the Mara Reserve. Our camp is at Talek River, overlooking the Mara. 60km cycling	BLD
<b>Day 6</b>	<b>Cycling: Towards the Rift Valley</b> We ride alongside the Mara Conservancy, uphill towards Sekinani Town, the main entry to the reserve. 30km cycling (with an optional ride of 30–40km after)	BLD
<b>Day 7</b>	<b>Maasai Mara Game Drives</b> Kenya is famously known for its vast array of wildlife and before we head out on our trek into the Rift Valley, we head out on a game drive into the Maasai Mara. We plan to have a morning and afternoon drive in the park, accompanied by our expert guides who assist us in spotting animals roaming in the wild. We are likely to encounter giraffe, zebra, buck and buffalo, amongst others.	BLD
<b>Day 8</b>	<b>Loita Hills Trek</b> We leave the Maasai Mara and journey to the remote and beautiful Loita Hills, an area known for	BLD



its strong Maasai heritage and unspoiled wilderness. Upon arrival, we begin a 10km guided walking safari through the hills, accompanied by local Maasai guides. Walking through this landscape allows us to fully immerse ourselves in the natural surroundings — spotting wildlife, learning about medicinal plants, and hearing stories of Maasai culture along the way.

<b>Day 9</b>	<b>Loita Hills Trek</b> This morning we set out on a full-day walk through the heart of the Loita Hills, covering approximately 22km on foot. The trail takes us through varied terrain — from forested hills to open plains — offering incredible views and chances to encounter wildlife along the way. Guided by local Maasai, we continue to learn about the land, traditions, and way of life, making this a challenging but deeply rewarding experience.	BLD
<b>Day 10</b>	<b>Loita Hills Trek</b> This is our last full day of trekking through the beautiful Loita Hills, covering about 20km as we take in the landscape. The trail challenges us physically but rewards us with stunning vistas and a deeper appreciation for this unique environment. It is a meaningful day to reflect on our journey, the friendships we have built, and the incredible stories shared by our Maasai guides along the way.	BLD
<b>Day 11</b>	<b>Loita Hills Trek &amp; Lale'enok Research Centre</b> We set out on a gentle 10km walk to conclude our trekking adventure, enjoying the peaceful surroundings one last time as we move toward Lale'enok. In the afternoon, we settle in and take part in an insightful briefing about the Research Centre, learning about their important work in conservation and community development. It is the perfect way to understand the ongoing efforts to protect this remarkable region.	BLD
<b>Days 12 - 13</b>	<b>Lale'enok Research Centre</b> We split into groups and rotate between a programme of activities, working alongside the Maasai people and scientists involved with this cultural and scientific research centre. We learn about the research taking place, the issues of human-animal conflict, and the ongoing conservation efforts in the area. Over the next few days, we take part in a range of activities such as game drives, visits to Maasai homes and women's groups, research projects, educational talks with locals, river rafting, and women's bead workshops.  Whatever the personal goals — travel, adventure, wildlife watching, or simply something different — time at Lale'enok is a real highlight. This is the real Kenya, well beyond the usual tourism destinations.	BLD
<b>Days 14 - 16</b>	<b>Sagana: Thrills, Spills and Chills</b> This morning we drive to our riverside camp near Sagana. After settling into camp, we have time to explore our surroundings and the chance to complete a nature walk in the local area. During our time at the camp, we fit in as many activities as possible such as white water rafting, ducky rides, cycling, climbing, kayaking, and zip lining.  We have full access to a range of activities, or for those preferring a more leisurely last few days, there is plenty of opportunity to relax in the riverside gardens.	BLD
<b>Day 17</b>	<b>Travel to Nairobi</b> On our final day in Kenya we make our way back to Nairobi in time for our flight to the UK this evening.	BLD
<b>Day 18</b>	<b>Overnight Flight</b> We arrive back in the UK after a full 18 days of adventure!	BLD

## Look what's included:

- International flights
- All accommodation, transportation and activities
- All food as described above
- Local, bi-lingual, first-aid qualified STC leader
- Parent and student trip launch presentation
- Pre-travel information sessions
- ATOL financial protection
- Group first aid kit and prescription meds pack
- BS8848 safety management and risk assessments
- Detailed pre-departure information and kit lists
- Comprehensive teacher travel packs
- Permanent operations team in your destination
- 24-hour UK operational support whilst overseas
- Donations to two carbon & conservation charities
- Free Fairtrade t-shirt for every participant and teacher
- Free travel guide book to your destination on request

## What's not included:

- Transport to airport in UK
- Drinks (advice will be given on purification of water)
- Visas or tourist cards if required
- Any required inoculations
- Emergency Medical & Repatriation Insurance
- Personal spending money
- Tips for guides, drivers and porters (ask for guidance)
- Airport departure taxes paid locally
- Personal effects and cancellation insurance



## A word about Responsible Tourism

On our expeditions and educational journeys, we strive to connect teachers and students with the people they meet, nurture the cultures they experience and protect the beautiful environments they are lucky enough to explore.

Many companies talk the talk, few truly walk the walk. We are far from perfect, but we are leading the way in sustainability in the school travel sector. In 2018 we were the first UK travel company to become **Travelife Certified** – a verified sustainability certificate formally recognised by the Global Sustainable Tourism Council.

This is our passion, and we'd love to tell you more about it in due course. In the meantime, for more information on some of the steps we take as a company to make our operations more sustainable, please visit:

<https://www.thestc.co.uk/travel/what-do-we-do/>

Trees for Life

## Physical Rating for this trip: Grade 4



Fitness is important at this grade, which compares to extended walking in mountainous terrain such as the Lakes or Snowdonia, for up to three to five days in a row. It is likely that significant sections of a trip will involve walking and trekking with some days up to eight hours. Some of the trip could be at altitudes of up to 4,500m, but the itinerary will be designed with appropriate acclimatisation in mind. Be prepared for significant possible variations in temperatures throughout the tour. There is not usually time to 'get fit' on these treks, so a two to four-month fitness improvement programme would ensure you get the most out of the trip.

## Cultural Rating for this trip: Grade 4



Students joining trips at this level will find the comforts of home are more of a rarity – or viewed another way, a welcome luxury. English is unlikely to be widely spoken and the food will be quite different to home, perhaps for extended sections of the trip. You should observe local customs so not to cause offence. You'll be exposed to signs of poverty and accommodation in some locations is likely to be basic. Whilst a challenge, destinations and trips at cultural level 4 are also a fantastic opportunity to see a very different part of the world.



## Travel Safety & Other Expedition Training

Preparing students and teachers for their upcoming adventure is an opportunity to teach important life skills and a vital part of our overall approach to safety management. Please ask for your quote for the training schedule specific to your expedition. Topics covered will include:

### Responsible Tourism workshop

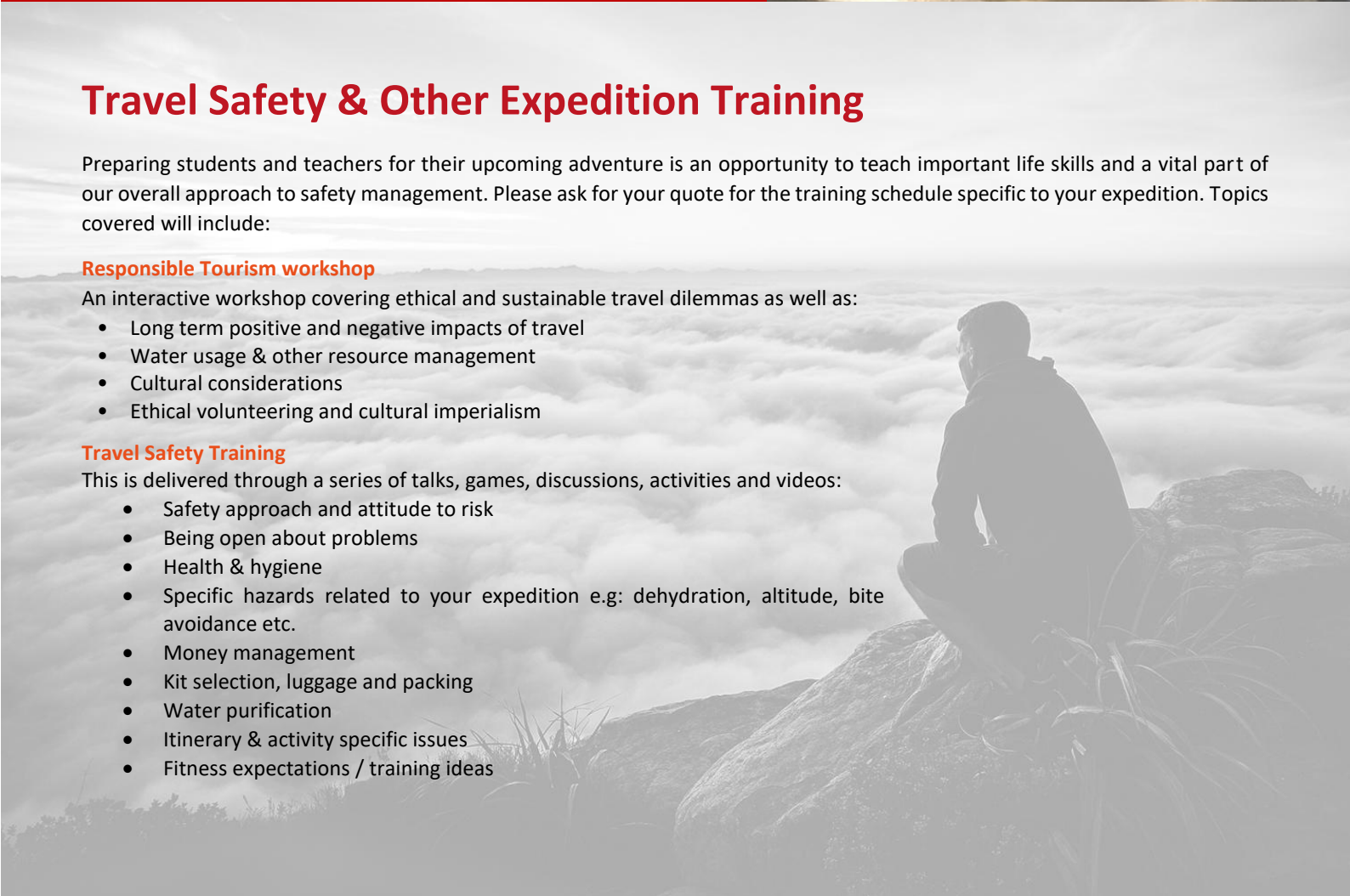
An interactive workshop covering ethical and sustainable travel dilemmas as well as:

- Long term positive and negative impacts of travel
- Water usage & other resource management
- Cultural considerations
- Ethical volunteering and cultural imperialism

### Travel Safety Training

This is delivered through a series of talks, games, discussions, activities and videos:

- Safety approach and attitude to risk
- Being open about problems
- Health & hygiene
- Specific hazards related to your expedition e.g: dehydration, altitude, bite avoidance etc.
- Money management
- Kit selection, luggage and packing
- Water purification
- Itinerary & activity specific issues
- Fitness expectations / training ideas





# A journey of 1,000 miles...

Starts with a single step... Contact us now to start your expedition journey

## 1 Ask for your personalised quote & further information

If this itinerary doesn't quite scratch your expedition itch then let us tailor-make one for you. Our wealth of experience and expert in-country contacts means we can design an adventure that's just right for you and your students. Contact us for more information and a detailed quote.

## 2 Ask for risk assessments and marketing materials

We can provide initial risk and threat assessments to help you with your expedition approval process. Ask for posters and your Pre-Booking Information Pack too.

## 3 Arrange an expedition launch evening

This is a chance for students and parents to hear more about the expedition with a comprehensive information evening covering the itinerary, safety management, the build-up to the trip and lots more. There is also plenty of opportunity for questions.



The home of the modern, innovative school expedition, where a sustainable, ethical approach guarantees unique experiences and a life enhancing adventure.

*"I am being completely serious when I say that I won't ever run a school trip without you guys. I trust you and your team completely - and the in-country staff that you carefully cultivate and train are a cut above the rest."*

**Teacher feedback, King's High Warwick**

## Contact Us:

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