



Kenya

Biology and Conservation

10 Days

This extraordinary adventure takes us deep into the Kenyan bush, giving us a hands-on insight into the work of scientists in a pristine wilderness area. We gain an unprecedented insight into a very traditional Maasai community and learn how researchers monitor and study the movements of lions and other predators in the area. We walk with semi-habituated baboon troops, devise small research projects, and undertake data collection. Practical and informal discussions on numerous topics with those directly involved in conservation are combined with excellent game viewing, with plenty of plains animals.



[Learn more about our
Carbon Labels](#)

Your Recommended Expedition Itinerary

- Day 1** **Depart from the UK, Arrive Nairobi** D
After our flight from the UK, we are welcomed at Nairobi airport by our tour leader and transfer to our hotel to relax for the evening after our journey.
- Days 2** **White Water Rafting** BLD
We head to the Tana River, a drop pool river offering an exciting day of white water rafting. Start with 3 km of easy class II and III white water, followed by a 6 km section with an hour or so of relaxation to view the abundance of bird life around, then cool off with a swim! The final 7 km of river, back to the campsite, starts with some easy class III waters where paddle commands are revised, followed by 3 big rapids (class IV and V). Subject to water levels you may be able to “surf” in “fish eye” and then swim the next couple of minor rapids. Our camp is in beautiful surroundings right next to the river and is a wonderful introduction to rural Kenya.
- Day 3** **Lale’enok Research Centre** BLD
We make an early start for the long drive to the Lale’enok Research Centre. We break the journey for lunch at Olorgesailie, a geological formation with evidence of early man. On arrival at Lale’enok, we set up camp and are given a detailed briefing from our guides on the dos and don’ts, what to look out for and the general safety of living in the bush. There is nothing quite like camping under the African skies, and as we help prepare a wholesome evening meal the night sky lights up above. With so little light pollution, we see stellar constellations rarely spotted back in Europe.
- Days 4-8** **Lale’enok Research Centre, South Rift Valley** BLD
Over the next five days we split into sub-groups (depending on group size) and undertake a number of projects on rotation. A different activity is planned each morning and afternoon, with two afternoons set aside to go out as an entire group. We are hosted by a team of passionate environmentalists, scientific researchers, and local Maasai. For ten years the team here have been researching ecology and lion behaviour, developing long-term strategies to understand and help combat human-animal conflict. It is this longevity of their relationship with the local population that is key — opening doors that would otherwise remain firmly closed.
- Days 9-10** **Transfer to Nairobi and depart to UK** B
We transfer back to Nairobi Jomo Kenyatta International airport for our return flight to the UK, depending on times, we may arrive back into the UK the next day.



Look what's included:

- International flights
- All accommodation, transportation and activities
- All food as described above
- Local, bi-lingual, first-aid qualified STC leader
- Parent and student trip launch presentation
- Pre-travel information sessions
- ATOL financial protection
- Group first aid kit and prescription meds pack
- BS8848 safety management and risk assessments
- Detailed pre-departure information and kit lists
- Comprehensive teacher travel packs
- Permanent operations team in your destination
- 24-hour UK operational support whilst overseas
- Free Fairtrade t-shirt for every participant and teacher
- Free travel guide book to your destination on request

What's not included:

- Transport to airport in UK
- Drinks (advice will be given on purification of water)
- Visas or tourist cards if required
- Any required inoculations or
- Personal spending money
- Tips for guides, drivers and porters (ask for guidance)
- Airport departure taxes paid locally
- Personal effects and cancellation insurance
- Emergency Medical & Repatriation Insurance



A word about Responsible Tourism

On our expeditions and educational journeys, we strive to connect teachers and students with the people they meet, nurture the cultures they experience and protect the beautiful environments they are lucky enough to explore.

Trees for L^Yfe

This is our passion, and we'd love to tell you more about it in due course. In the meantime, for more information on some of the steps we take as a company to make our operations more sustainable, please visit:

<https://www.thestc.co.uk/travel/what-do-we-do/>



Physical Rating for this trip: Grade 3



Moderate physical activities are included in Grade 3 trips. Good health and reasonable fitness are important to get the most out of the trip. Trips of this grading are likely to include some walking at moderate altitude (up to 2,500m) and occasional longer/harder days may be involved, with between five and seven hours of walking on certain days. The trip may contain other activities such as cycling or rafting which also require physical effort and a reasonable level of fitness. Some steady preparation and an increase in your underlying fitness levels would help you get the most from this grade trip.

Cultural Rating for this trip: Grade 4



Students joining trips at this level will find the comforts of home are more of a rarity – or viewed another way, a welcome luxury. English is unlikely to be widely spoken and the food will be quite different to home, perhaps for extended sections of the trip. You should observe local customs so not to cause offence. You'll be exposed to signs of poverty and accommodation in some locations is likely to be basic. Whilst a challenge, destinations and trips at cultural level 4 are also a fantastic opportunity to see a very different part of the world.



Travel Safety & Other Expedition Training

Preparing students and teachers for their upcoming adventure is an opportunity to teach important life skills and a vital part of our overall approach to safety management. Please ask for your quote for the training schedule specific to your expedition. Topics covered will include:

Responsible Tourism workshop

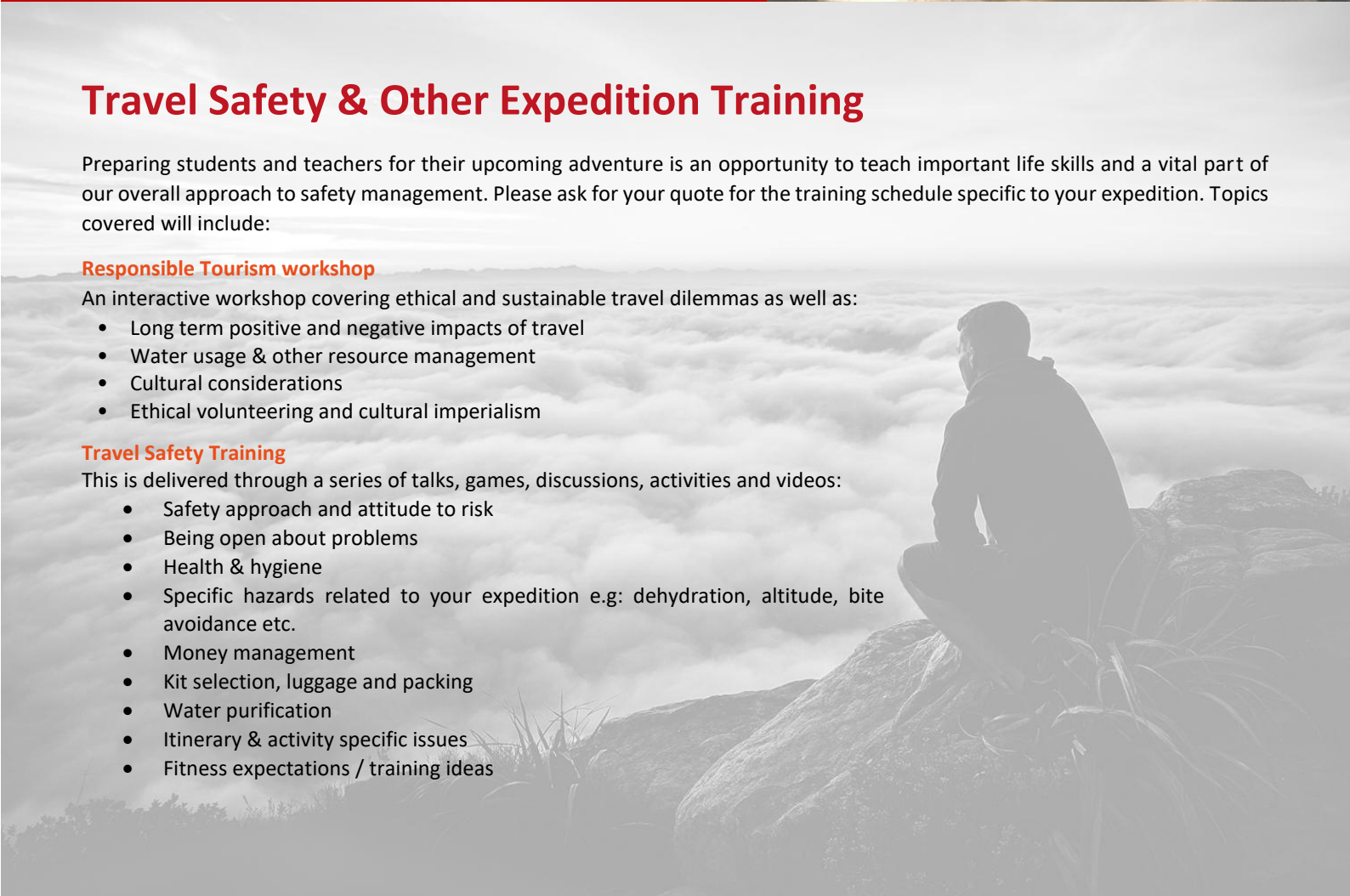
An interactive workshop covering ethical and sustainable travel dilemmas as well as:

- Long term positive and negative impacts of travel
- Water usage & other resource management
- Cultural considerations
- Ethical volunteering and cultural imperialism

Travel Safety Training

This is delivered through a series of talks, games, discussions, activities and videos:

- Safety approach and attitude to risk
- Being open about problems
- Health & hygiene
- Specific hazards related to your expedition e.g: dehydration, altitude, bite avoidance etc.
- Money management
- Kit selection, luggage and packing
- Water purification
- Itinerary & activity specific issues
- Fitness expectations / training ideas





A journey of 1,000 miles...

Starts with a single step... Contact us now to start your expedition journey

1 Ask for your personalised quote & further information

If this itinerary doesn't quite scratch your expedition itch then let us tailor-make one for you. Our wealth of experience and expert in-country contacts means we can design an adventure that's just right for you and your students. Contact us for more information and a detailed quote.

2 Ask for risk assessments and marketing materials

We can provide initial risk and threat assessments to help you with your expedition approval process. Ask for posters and your Pre-Booking Information Pack too.

3 Arrange an expedition launch evening

This is a chance for students and parents to hear more about the expedition with a comprehensive information evening covering the itinerary, safety management, the build-up to the trip and lots more. There is also plenty of opportunity for questions.

The home of the modern, innovative school expedition, where a sustainable, ethical approach guarantees unique experiences and a life enhancing adventure.



"I am being completely serious when I say that I won't ever run a school trip without you guys. I trust you and your team completely - and the in-country staff that you carefully cultivate and train are a cut above the rest."

Teacher feedback, King's High Warwick



Contact Us:

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Trees for Life

